Solutions On Site

Mental Health & Wellness Workshops

Attachment in Adolescence: The Wonky Brain that Allows for Change



with Annette Kussin, MSW, RSW, Psychotherapist, MFT

March 10th, 2022 9:00-4:00pm EST Early Bird Rate: \$185+hst

This is an on-line event. A recording will be available.

Changes in the adolescent brain make this an opportune time to help adolescents with insecure attachments start to develop secure attachments. This workshop will present the latest information on brain development in adolescence and its implications for therapy. The goal of attachment focused therapy for adolescents is to help the adolescent become more secure and enter adulthood with the capacity for secure adult attachments.

For details or to register, visit www.SOSWorksops.ca or call 226-268-2307